



Cardiac Emergency Response Plan



1. Applicability

This Cardiac Emergency Response Plan ("Plan") applies to all practices, competitions, and related activities involving enrolled participants and is intended to be consistent with nationally recognized, evidence-based emergency response standards, including standards for cardiopulmonary resuscitation (CPR) and the use of automated external defibrillators (AEDs).

2. Automated External Defibrillators (AEDs) [Commencing Jan. 1, 2028]

(a) AED Locations

If the organization maintains AEDs, they are located at the following locations:

- [Insert facility name and exact AED location]
- [Insert additional locations, as applicable]
- [If applicable: coach/field staff AED assignment or carry policy]

(b) Sudden Cardiac Arrest Procedures

In the event of a suspected sudden cardiac arrest:

- Emergency medical services shall be contacted by calling 911.
- CPR shall be initiated immediately by a certified coach or other trained responder.
- If an AED is available on-site (or otherwise accessible), the nearest AED shall be retrieved and used as soon as practicable.
- Care shall continue until emergency medical services arrive and assume responsibility.

3. Roles and Responsibilities

(a) Coach Responsibilities

Coaches shall:

- Immediately activate this Plan upon recognition of a suspected sudden cardiac arrest.

- Assign individuals to contact emergency medical services and, if an AED is available, retrieve an AED.
- Initiate and continue CPR and, if an AED is available, AED use until relieved by trained responders or emergency medical personnel.
- Maintain control of the scene to allow for emergency response.

(b) Administration Responsibilities

Administration shall:

- Ensure this Plan is implemented, reviewed annually with coaches and staff, and updated as necessary.
- Ensure required training is provided to coaches and any designated staff.
- Coordinate post-incident documentation and reporting.
- Commencing January 1, 2028, ensure any AED is maintained and tested according to the operation and maintenance guidelines established by the manufacturer of that AED and the applicable rules and regulations of the federal Food and Drug Administration or any other applicable state or federal authority.
- Ensure this plan goes into effect in the event of a sudden cardiac arrest.

(c) Athlete Responsibilities

Athletes shall:

- Immediately notify a coach or staff member if a participant collapses or appears to be in medical distress.
- Follow instructions from coaches and emergency responders.
- Refrain from interfering with emergency response efforts.

4. Notification and Training

(a) Training Requirements

Commencing January 1, 2027, the organization shall ensure that its coaches are certified, and recertified at least every two (2) years, to perform CPR and operate an AED. Certified training may be conducted in person or online and shall be offered by an accredited organization, consistent with national evidence-based cardiovascular care guidelines.

(b) Notification of the Plan

Coaches, administration, and athletes shall be informed of this Plan prior to the start of each season or program and when material changes to the Plan occur. The Plan shall be reviewed annually with coaches and staff.

5. Parent or Guardian Communication

An annual electronic communication shall be provided to the parents or guardians of enrolled participants. The communication shall include:

- A copy of this Cardiac Emergency Response Plan or an internet link to the Plan;
- The location or locations of any AEDs; and
- Identification of the staff members designated to be notified in the event of a sudden cardiac event.

6. Annual Review

This Plan shall be reviewed at least annually (including annually with coaches and staff) and updated as necessary to ensure continued compliance with applicable requirements and evidence-based standards.