

Assembly Bill No. 310

CHAPTER 254

An act to amend Section 124238.5 of the Health and Safety Code, relating to youth health.

[Approved by Governor October 3, 2025. Filed with Secretary of State October 3, 2025.]

LEGISLATIVE COUNSEL'S DIGEST

AB 310, Alanis. Nevaeh Youth Sports Safety Act.

Existing law, the Nevaeh Youth Sports Safety Act, requires a youth sports organization to ensure, by January 1, 2027, that its athletes have access to an automated external defibrillator (AED) during any practice or match. Existing law requires the AED to be administered by a medical professional or other certified and qualified person designated by a youth sports organization.

This bill would delay the requirement to have access to an AED until January 1, 2028, would remove the requirement that it be administered by a medical professional, and would also require, by January 1, 2027, a youth sports organization to ensure that its coaches are certified, as specified, to perform cardiopulmonary resuscitation and to operate an AED. The bill would require, by January 1, 2027, a youth sports organization to have a written emergency response plan that includes certain information, including the location and procedures to be followed during a sudden cardiac event. The bill would require, by January 1, 2028, a youth sports organization to properly maintain and test its AED, as specified.

The people of the State of California do enact as follows:

SECTION 1. Section 124238.5 of the Health and Safety Code is amended to read:

124238.5. (a) Commencing January 1, 2028, a youth sports organization that elects to offer an athletic program shall ensure that its athletes have access to an automated external defibrillator (AED) during any official practice or match, subject to subdivisions (b) and (c).

(b) Commencing January 1, 2027, a youth sports organization shall ensure that its coaches are certified, and recertified at least every two years, to perform cardiopulmonary resuscitation and operate an AED and that there is a written cardiac emergency response plan. Certified training may be conducted in person or online and shall be offered by an accredited organization, consistent with national evidence-based cardiovascular care guidelines. The written cardiac emergency response plan shall be reviewed

annually with coaches and staff. The written emergency response plan shall be consistent with nationally recognized, evidence-based standards and shall detail all of the following:

(1) The location of any AEDs and procedures to be followed in the event of sudden cardiac arrest.

(2) The responsibilities of the coach, administration, and athletes during the event.

(3) How the coach, administration, and athletes will be notified and trained on the emergency response plan.

(4) An annual electronic communication to the parents or guardians of enrolled participants that includes the cardiac emergency response plan or an internet link to the plan, the location or locations of any AEDs, and identifies the staff members designated to be notified in the event of a sudden cardiac event.

(c) Commencing January 1, 2028, a youth sports organization shall ensure that its AED is maintained and tested according to the operation and maintenance guidelines established by the manufacturer of that AED and the applicable rules and regulations of the federal Food and Drug Administration or any other applicable state or federal authority.